

Let's Make 2024 Our Most Sustainable Year Yet!

Kia ora Maketu whānau! As we dive into the new year, let's set some resolutions that not only benefit us, but just as importantly, our beautiful whenua and moana 🌍✨

1. Mindful whānau shopping

Before you buy something new, ask yourself if it's a necessity. If you do need it, consider second-hand treasures and support a "circular economy", or perhaps borrowing from awesome neighbours. Conscious choices will align with our kaupapa and help support our climate objectives.

2. Wisdom in our choices:

Knowledge is our superpower 💪 Do some research and choose products and services that resonate with our whenua. Look out for labels that show aroha for Papatūānuku. Let's be smart, savvy, and environmentally aware.

3. Accept trade-offs:

In our journey towards sustainability, some eco-friendly choices might not be as flashy or effective, but they do contribute to a healthier environment and we should embrace that. Let's prioritise the long-term health of our whenua over products that have a detrimental effect on it.

4. Kiwi no 8 wire spirit:

Support local businesses offering repair services, set up a local "repair cafe", and learn the art of fixing things ourselves.

5. Kai adventures:

Expand your taste buds. Did you know that if you drop meat from just one meal a week, you would reduce your annual carbon footprint as much as not driving your car for a whole month? We're not suggesting you ditch meat completely, but the new year is a great time to give something new a try. There are heaps of great vegetarian meal ideas out there, and you could check out the Meat Free Monday website for recipes:

<https://www.meatfreemondays.org.nz/recipes/>

6. Combat kai waste:

Did you know food waste affects our carbon footprint? Save money and our environment by minimising kai waste. Check out Love Food, Hate Waste for tips on reducing waste and delicious budget-friendly recipes: <https://lovefoodhatewaste.co.nz>

7. Stay informed, get involved:

Let's keep a close eye on decisions that impact our whenua and moana. Join together for activations, get in touch with our local MPs, and support leaders who share our passion for a sustainable Maketu. Check out our website and get in touch to see how you can get involved in making our rohe more climate resilient: <https://maketuclimateplan.iwi.nz>

8. Create a ripple effect:

Spread the word within our whānau. Your actions matter, and sharing your kaitiakitanga journey can inspire others. Have a #climatekorero over a cuppa or a cold drink, and let's create a ripple effect of positive change together! 🌍❤️

Here's to a year filled with unity, sustainability, and love for our beautiful Maketu! 🌿✨